



Caring for your child...  
 A publication for parents of children attending Kids Kampus



**Kids Kampus™**  
 a division of Pathfinder Services

*A Caring Place To Go  
 Where Children Discover  
 and Grow.*

**March 2009**

**This Issue At A Glance**

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- ☉ Kindergarten Round-Up
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## This Month's Spotlight... The Challengers!

The two's now have a new name. We are now "The Challengers," ready to take on the challenges of the day.

We have been doing a lot of fun activities. The children respond enthusiastically to our musical instruments. They participate eagerly in marching to the music made by drums, tambourines, sand

blocks, rhythm sticks, and triangles. Two year olds are naturally drawn to music and

learn a variety of skills from musical experiences. They also have lots of fun doing it!



## Huntington County Kindergarten Round-Up Dates

The age requirement for kindergarten is age 5 on or before August 1, 2009. Below are the dates for round-up and school contact information.

School	Number	Date	Time
Andrews	786-3021	April 23rd	6:00-8:00
Flint Springs	356-7612	April 16th	6:00
Horce Mann	356-8312	April 23rd	6:00-7:30
Lancaster	468-2816	April 22nd	6:00-8:00
Lincoln	356-2914	April 30th	6:00-7:30
Northwest	344-1455	April 28th	6:30-8:30
Roanoke	672-2806	April 21st	6:30
Salamonie	375-3434	Not Yet Scheduled	Call School for Info.

**March 2009**

M	T	W	T	F	S
2	3	4	5	6	7
9	10	11	12	13 HC-No School	14
16	17	18 HCCSC 1/2 day	19	20	21 Nel-sons
23	24	25	26	27	28
30	31				



"It is the educational philosophy of Kids Kampus that children learn by doing. They learn best by what children do best. They learn through play."

## Child Diet Awareness

March 16th-20th is the week of recognizing the Child and Adult Care Food Program (CACFP). Kids Kampus implements this program to provide affordable and healthy meals to children. The CACFP places guidelines for meals that correspond with the Food Guide Pyramid.



It is essential that children eat a well balanced diet. Recommended daily intake for children from each category of the food guide pyramid are:

- Dairy—2-3 servings
- Protein—2-3servings
- Vegetables 3-5 servings
- Fruits 2-4 servings
- Grains- 6-11 servings
- Fats & Sweets- use sparingly

Sample serving suggestions can be found at the following websites:

- <http://rileychildrenshospital.com/parents-and-patients/caring-for-kids/foodguidepyramid.jsp>
- <http://mypyramid.gov/kids>
- <http://kidshealth.org>

## Poison Prevention Month

Did you know that a child is poisoned every 30 seconds? Of those 50% or more occur at home with children under the age of 5.

Quick poison proofing tips for home:

- Get down at the child's level and poison proof the child's perspective.
- Keep medications and cleaners on high shelves and use locks on lower cabinet shelves.
- A container may be labeled at "child-proof," but nothing is child resistant.

- Syrup of ipecac is no longer recommended for use at home.

Hazards that may be overlooked:

Greeting card batteries; windshield washer fluid and antifreeze is often confused with Kool-aid®; garage items, such as rock salt and pesticides; and ointments, cosmetics or creams often left in diaper bags or purses.

America's Poison Control Centers are open 24-7 for information and health tips. The Poison Control center is called every 8 seconds! The number is 1-800-222-1222.

## Disability Awareness Month

Every year Indiana promotes disability awareness. This years theme is "Disable the Label," and is focused on accepting differences, understanding and inclusion, and to look past the disability and see the whole person.

Children at Kids Kampus will participate in developmentally appropriate activities of disability awareness, such as stories or crafts. Tracey Shafer, superintendent of HCCSC, will be at Kids Kampus on Thursday, April 12th to share a story relating to disability awareness month.

If you would like more information or access to free materials visit [www.indianadisabilityawareness.org](http://www.indianadisabilityawareness.org).

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## Spring Break

Just a reminder to families that spring break for Huntington County School Corporation is **April 6th - 10th**.

If your family **WILL NOT** attend Kids Kampus spring break week, a **2 weeks written notice** is required to waive tuition for the week. This needs to be completed by **FRIDAY, MARCH 20TH**. If not, your child's regular weekly tuition will be charged.

See the front desk for a vacation form or for more information.

## Parent Trap

Parent Trap coming to Kids Kampus beginning Tuesday, April 14 -through May 5, 2009, 5:00-6:00 pm at Kids Kampus.

WHY Parent Trap? Parent Trap sessions look at WHY it is hard to say "no" to our children while learning why it is important to do so. WHY it is important for parents to have structure and consistency in the home. These sessions are FREE and child care is available. Please register at the front desk.

## Nelson's BBQ FUNdraiser

Kids Kampus will partner with Nelson's BBQ for a fundraiser on Saturday, March 21st in the K-MART parking lot from 10:00 AM to 2:00 PM.

The menu choices this year are:

- 1/2 chicken & chips—presale price \$6.00
- 1/2 chicken & pit-tatoes—presale price \$9.00
- 1 pork chop & chips—presale price \$5.00
- 1 pork chop & pit-tatoes—presale price \$8.00
- 1 rack of ribs & chips—presale price \$8.00
- 1 rack of ribs & pit-tatoes—presale price \$11.00

Pre-sale is available & preferred. Save \$.50 off the curb price!  
See the front desk for order forms or more information.

"The USDA and the State of Indiana are equal opportunity providers and employers."